



Preventive Care Viewpoints: Reflection

Students should first view the “Sharpen Your Axe” video. Students should then be given the opportunity to reflect on the different viewpoints of preventive care that they discovered throughout the module and in-class sessions. Three different methods of utilizing this assignment are presented below. Note that the methods for a delayed return of the assignment to students can be more impactful than an immediate return, because it can be timed to a significant point in the students’ academic career (e.g., the start of clinics, white coat ceremony, pre-NAVLE, graduation).

REFLECTION PIECE

The “reflection piece exercise” provides students the opportunity to think about what they learned in the module and record those thoughts.

Provide a digital or printed copy of the worksheet to students. The assignment should be turned in, graded as desired, and returned to the students in a timely manner.

TIME CAPSULE

The “time capsule exercise” provides students the opportunity to review and reflect on their growth throughout their veterinary curriculum, and note how their attitudes and beliefs have shifted over time.

Provide a digital or printed copy of the worksheet to students. The assignment should be turned in, and students should be informed that their assignments will not be returned as part of their course grades associated with this module. The instructor, therefore, will likely not be able to provide feedback on the assignment. At a future date of the instructor’s choosing (generally one year or more), the assignment should be returned as-is.

LETTER TO SELF

The “letter-to-self exercise” provides students the opportunity to review and reflect on their growth throughout their veterinary curriculum, and note how their attitudes and beliefs have shifted over time.

Provide a digital or printed copy of the worksheet to students. The assignment should be turned in, and students should be informed that their assignments will not be returned as part of their course grades associated with this module. The instructor, therefore, will likely not be able to provide feedback on the assignment. In lieu of (or in addition to) completing the worksheet, students should be instructed to write a letter to themselves. The topic of this letter can be free-form, or the instructor might pick a particular theme that developed during class discussions.